

SEALI

STUDIO FOR ACTORS

H O U S T O N

THE 2025 FALL SCHEDULE

(as of August 15. Classes continue to be added.)



Improv for Actors

August 26 - October 14, 2025 (8 weeks)

Tuesdays - 7:00-9:00pm

Instructor: Kory LaQuess Pullam

Sign
Up

Often, we think of improv as silly games and short-lived connections. However, improvisation can be used as an incredible tool to access an actor's truest vulnerability and performance. Kory LaQuess Pullam leads an exploration in how we can effectively utilize the art of improv on stage in this 8-week class.



Creative Control Workshop

August 30 - September 27, 2025

Saturdays - 4:00-6:00pm (5 weeks)

Instructor: Derrick Moore

Sign
Up

This course is designed to equip emerging creators with the tools, techniques, and confidence to independently develop high-quality digital content—whether narrative scenes, branded ads, or experimental visuals—using mobile devices, accessible editing software, and generative AI tools. This intensive focuses on creative autonomy, helping students shape and share stories that reflect their unique voices in a media landscape increasingly driven by self-made creators.



Acting for Teens - Fall

September 3 - October 1, 2025

Wednesdays - 6:00pm-9:00pm (5 weeks)

Instructor: Eva Olivia Catanzariti

**Sign
Up**

High School students will focus on the core elements of acting using a mix of exercises and scene work to illuminate Given Circumstance, Intention, Motivation, Action, Stakes, Specificity, Visualization, Being in the Moment, etc. This 5-week class will help push young actors to work that has more clarity and purposefulness, and help them better understanding of how to build effective relationships in their storytelling.



Acting I: Foundations of Craft - Section A

September 11 - October 9, 2025 [Skip 10/2]

Thursdays - 7:00-9:00pm

Instructor: Leslie Lenert

**Sign
Up**

This is an exercise-based class that explores the fundamentals of the actor's process. Acting exercises focus on specific skill areas to broaden the actor's overall awareness and use of their instrument, connecting the mind, body, and voice. Using a range of exercises, we'll take you through sense memory, transformation, visualization, specificity, intentions, stakes, imagination, and other basic components of acting.



Film Acting: Level I

WEEKLY ROLLING CLASSES

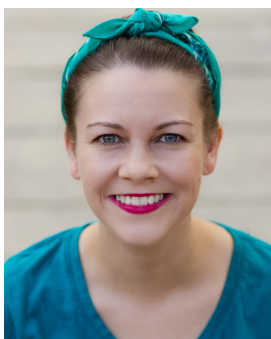
Beginning September 12, 2025

Fridays - 4:00-6:30pm (Weekly)

Instructor: Byron Franco

**Sign
Up**

This Practical Film Acting course offers hands-on training designed to sharpen your acting skills for the camera. You'll master essential techniques such as actor blocking, emotional mapping, maintaining consistency across takes, handling distractions on set, and adjusting your performance style from stage to film. With a combination of in-depth discussions, practical exercises, and personalized feedback, this course will equip you with the tools to succeed as a film actor. Actors of all skill level welcome.



Acting for Young Performers

September 13 - November 15, 2025

Saturdays, 1-3pm (10 weeks)

Instructor: Adrienne Shearer

**Sign
Up**

Join Studio for Actors Houston for a 10-week acting class designed for young performers (Middle School) on a journey to becoming professional actors. You'll train in scene study, character development, and ensemble building while working through the rehearsal process of a show that you'll create! The two-hour Saturday class will be held from September 13 - November 15. The small class size (10 students) will allow for more individual coaching, better skill building and more focused attention to the work. Over the semester, the class will develop the talent of young artists, increase their confidence, and provide challenging work that will culminate in a final performance for family and friends.



Screenwriting FUNDamentals

September 14 – September 21, 2025

Sundays, 2-5pm (2 weeks)

Instructor: Michelle Mower

**Sign
Up**

Whether your dream is to sell your screenplay to Hollywood or produce it yourself, this comprehensive workshop will guide you through every stage of the writing process. Using real-world examples and professional insights, you'll learn the craft, discipline, and business savvy needed to bring your vision to life.



Advanced Acting with David Rainey

Fall Session

September 15 - November 3, 2025

Monday Nights - 6:30pm-10:30pm (8 weeks)

Instructor: David Rainey

**Sign
Up**

Veteran actor David Rainey leads this 8-week acting master class focused on scene work and individual coaching largely rooted in the teaching principles of Uta Hagan.



Spellbinding Presence

September 20 & 27, 2025

Saturday - 10pm-12pm

Instructor: Luis Quintero

**Sign
Up**

Join two-time Drama Desk Nominee Luis Quintero in a curated movement progression combining, Le Coq, Laban, Commedia dell'arte and Clown. This two-part workshop will cultivate your internal intuition and specificity of thought from the inside out making your energy infectious, palpable, and undeniable. Theaters will be asking you to return to their stages again and again for your indescribable magnetism.



The Business of Film Acting

September 28 - November 2, 2025

Sundays - 7:00-9:00pm (6 weeks)

Instructor: Ricky Catter

**Sign
Up**

This class is designed specifically to sharpen your auditioning skills for film/TV and commercial. In this class we will work with the camera and learn the specifics on how to increase your callbacks (on zoom/in person) to secure a booking. Furthermore, you will learn the actual business of acting and all the various ways of earning a living, while doing what you love, in the entertainment industry.



Acting Techniques for Musical Theatre (Teens)

October 4 - October 25, 2025

Saturdays - 4:00-6:00pm (4 Weeks)

Student Limit: 12

**Sign
Up**

Join us for an in-depth exploration and personalized coaching for Acting for Musical Theatre in preparation for conquering the stage by conjuring characterization, signifying key moments in musical interpretation, and emphasizing emotional connection to music through performance.



Acting II: Building the Character from Callback to Curtain

October 8, 2025 - October 29, 2025

Thursdays - 7:00-9:30pm (4 week)

Instructor: Blake Weir

Sign
Up

This four-week class guides actors through the process of building truthful, layered characters from the first audition to opening night. Using Uta Hagen's techniques, participants will explore substitution, physical and vocal transformation, and character layering. Each session offers practical tools and exercises to help actors craft compelling choices for callbacks and deepen their work once cast.



Self-Care for the Actor

October 12, 2025

Sundays - 3:00-6:00pm

Instructor: Jennifer Doctorovich

Sign
Up

Performers rely on their bodies, their voices, and their emotional center to work. Without these skills, we don't book the jobs. Actors face immense pressure--self-care and mental wellness are not luxuries but necessities for a sustainable and healthy career. In this workshop, you will learn about the autonomic nervous system and the fear response actors face in auditions and in performance. Mastering distress tolerance skills, relaxation, imagery, and visualization techniques to conquer anxiety and "freezing" on stage can be a gamechanger. The second part of the workshop consists of understanding the 5 pillars of self-care every performer needs to boost confidence, enhance focus, and prevent burnout. When actors are mentally healthy, they are authentic, resilient, and balanced!



Acting I: Foundations of Craft - Section B

October 16 - November 6

Thursdays - 7:00-9:00pm (4 weeks)

Instructor: Leslie Lenert

Sign
Up

This is an exercise-based class that explores the fundamentals of the actor's process. Acting exercises focus on specific skill areas to broaden the actor's overall awareness and use of their instrument, connecting the mind, body, and voice. Using a range of exercises, we'll take you through sense memory, transformation, visualization, specificity, intentions, stakes, imagination, and other basic components of acting.



Musical Theatre Audition Songbook Tune Up

October 19 & 26, 2025

Sundays - 2:00-6:00pm (2 weeks)

Instructor: Dr. Karen Rees

Sign
Up

Throughout this 8-hour workshop, singers of all levels will explore the process of building and performing cuts. Most musical theatre auditions require 16-32 bar cuts (about 45 seconds), so every second counts. Singers of all levels will build two creative cuts that highlight vocal ability and acting skills. We will walk through editing cuts and constructing a book showcasing vocal ability and acting skills. Bring your current songbook with you for input and review. If you are starting, learn how to build your songbook from scratch. Participants will sing during the workshop and will have an assignment between sessions.



Entrepreneurship for the Actor

AVAILABLE ONLINE ONLY

October 20 - November 10, 2025 (4 weeks)

Mondays - [7-9 EST/6-8 CST/5-7MST/4-6PST]

Instructor: David Huyun

Sign
Up

In a world full of variables, it's important to know what's in your control and how to show up for yourself. Join award-winning actor David Lee Huynh on a four-week class fusing a sense of business acumen in service of the artistic process.



College Audition Prep - Early Sessions

December 1 - December 15, 2025

Mondays - 6:00-9:00pm (3 weeks)

Instructors: David Rainey and Dylan Godwin

Sign
Up

Being well prepared is key to success in auditions. Actor's David Rainey and Dylan Godwin are now teaming up to offer a group class for those preparing for College Training Programs. Group classes not only allow you to polish your own work, but help you gain perspective by observing others and listening to the guidance they receive. We often learn more by watching others work, because clarity is often gotten by seeing how and why others grow and improve. If you are auditioning for a College Training Program, get prepared early. Spaces are limited. Sign up today.



Sankofa Collective Presents Monologue Madness

Monday, November 24, 2025

7:00-9:00pm

Audience Limit: 50

Cost: \$15

**Sign
Up**

Sankofa Collective joins forces with SFAH and powerhouse actor and poet Joe "Joe P" Palmore to present local actors performing classic, contemporary, and original monologues to compete for a chance to win the grand prize.



SFAH Twelve Days of Christmas Concerts

Intimate Holiday Concerts in the Heights

Holiday Cookies and Punch served Nightly

**Coming
Soon**

Studio for Actors Houston's Twelve Days of Christmas Concerts offers an eclectic variety of guest artists in intimate concerts for the holidays. If you're looking for alternative experience this holiday season, come to the historic Houston Heights and join us for these exclusive seasonal events.

(Complete line-up and Purchase Portal opens November 1.)

Concert #1

Tuesday, December 2, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #2

Wednesday, December 3, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #3

Thursday, December 4, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #4

Saturday, December 6, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #5

Tuesday, December 9, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #6

Wednesday, December 10, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #7

Thursday, December 11, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #8

Saturday, December 13, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #9

Tuesday, December 16, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #10

Wednesday, December 17, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #11

Thursday, December 18, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

Concert #12

Saturday, December 20, 2025

7:00-9:00pm

Holiday Cookies, Punch, and Music Nightly

Cost: \$25

****We are currently booking artists for these
concerts. If you'd like to be considered for our
program, please contact us at:
studioforactorshouston@gmail.com
"Christmas Concerts"**

www.studioforactorshouston.com

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